



Monthly Cash Assistance and Food Stamp Benefits

For a Single-Parent Family of Three with No Earnings, 1999

	<u>Cash Assistance*</u>	<u>Food Stamps**</u>	<u>Date of Recent Change in Cash Grant</u>		<u>Cash Assistance*</u>	<u>Food Stamps**</u>	<u>Date of Recent Change in Cash Grant</u>
Alabama	\$164	\$329		Montana	\$468	\$311	Jul 1999
Alaska	\$923	\$283		Nebraska	\$364	\$324	
Arizona	\$347	\$317		Nevada	\$348	\$329	
Arkansas	\$204	\$329		New Hampshire	\$550	\$261	
California	\$626	\$242	Jul 1999	New Jersey	\$424	\$318	
Colorado	\$356	\$329		New Mexico	\$439	\$262	Jul 1999
Connecticut	\$543	\$288		New York	\$577	\$278	
Delaware	\$338	\$326		North Carolina	\$272	\$329	
District of Columbia	\$379	\$300		North Dakota	\$457	\$306	
Florida	\$303	\$329		Ohio	\$362	\$329	Jan 1998
Georgia	\$280	\$329		Oklahoma	\$292	\$329	Nov 1997
Hawaii	\$712	\$394		Oregon	\$460	\$310	
Idaho	\$276	\$329		Pennsylvania	\$403	\$329	
Illinois	\$377	\$303		Rhode Island	\$554	\$285	
Indiana	\$288	\$329		South Carolina	\$201	\$329	
Iowa	\$426	\$322		South Dakota	\$430	\$311	
Kansas	\$403	\$325		Tennessee	\$232	\$329	Jul 1999
Kentucky	\$262	\$329		Texas	\$197	\$329	Oct 1999
Louisiana	\$190	\$329		Utah	\$451	\$279	Jul 1998
Maine	\$461	\$313	Jul 1999	Vermont	\$617	\$266	Oct 1998
Maryland	\$399	\$287	Oct 1998	Virginia	\$291	\$329	
Massachusetts	\$565	\$282		Washington	\$546	\$287	
Michigan	\$459	\$314		West Virginia	\$303	\$329	Jul 1999
Minnesota***	\$783	NA		Wisconsin	\$673	\$234	
Mississippi	\$170	\$329	Jul 1999	Wyoming	\$340	\$329	
Missouri	\$292	\$329					

* In states where welfare benefits vary by region or for different categories of recipients, the cash assistance benefit shown here is the one that applies to the largest number of welfare recipients in the state.

** This reflects the FY 1999 food stamp benefit for a family of three that is receiving the welfare benefit listed for each state. The food stamp benefit formula includes a deduction that provides somewhat higher benefits for families with high shelter costs. This table calculates the food stamp benefit using the typical shelter costs in each state for food stamp households not receiving housing assistance.

*** Minnesota provides a cash grant that combines welfare and food stamp benefits.